

Come join athletes, families, Wintergreen Race and Freeride teams at Copper Mountain for Race or Freeride training this December. We are holding our 19th annual training camp at Copper Mountain with core gate training days Dec 9th, 10th and 11th. We are excited to announce that 3x Olympian Megan McJames will be joining us as our guest coach for the core training days! (Training is also available Dec 12th if you want as an additional day of training)

The camp is open to ages 7 and older for organized training. Adults are encouraged to train with coaches if you want that experience.

Location

Copper Mountain is in the center of the Colorado Rocky Mountains west of Denver about 90 minutes by car. The elevation at the base village is 9500 feet. Copper is the international race training center for the month of November. Because Race athletes are coming from around the world, the crews at Copper Mountain make sure slope conditions are as good as the weather will allow and therefore the training/snow conditions the time period we are there, which is always the first full week of December, are the best available for early season training. We have seen epic conditions at our camp over the years and have never been disappointed in the quality of snow conditions for this time of year.

Training

- Race training will consist of private gate training (GS and SL) and on snow free ski training with a morning session and an afternoon session each day.
- Coaches are all certified US Ski and Snowboard coaches with years of experience.
- Freeride training is on snow in terrain parks and in the Woodward Barn.
- Coaches will be at Copper the full week Dec 5th-9th. Parents are encouraged to participate in training and skiing with coaches. This is truly a family experience however we will accept young training athletes without parents.
- We will also offer an option for Development Team training (7-13 years old) with highly skilled D-Team coaches. Athletes must be able to fulfill the requirements for the D-Team and have the skill level necessary to navigate the Copper Mountain terrain. D-Team athletes (and prospective D-Teamers) will be separated by appropriate skill level into groups lead by one or two coaches. Training will consist of drills and purposeful free skiing and include some limited gate training.

Lodging

• Lodging is in gold level, one and two bedroom condos in the center village.

- Condos have underground parking included.
- Full kitchens for cooking your own meals.
- All units are within short walking steps to the lifts in the center village.
- All buildings have washers and dryers, fitness rooms and hot tubs.
- Lodging is in 1 or 2 bedroom condos. A limited number of three bedroom condos are available for larger families.
- 1 bedroom condos are designed to accommodate 2-3 people. These units have a full bedroom, a pull out sofa in a large living room, a full kitchen and usually two bathrooms.
- 2 bedroom condos have two full bedrooms, are designed for four people minimum and have all of the amenities of a 1 bedroom including the pullout sofa. If there are only three people in your group and you wish to have the extra space a two bedroom condo provides this is not a problem and this can be booked for you. However the will be an upcharge for having only 3 people.

Pricing

The most popular package in recent years is;

- Base package/Core training days 12/9-11 Four nights lodging (arrive Sunday 12/8 Depart Thursday 12/12), Three days skiing and training (Mon, Tue, Wed). The cost per person for this package is \$1695 for training athletes (child or adult), \$1200 for skiing adults not training.
- Additional price points are included in the registration form for those who do not need lift passes (have Ikon or other), for those who do not need lodging and additionally for those who do not need lift passes or lodging and are only participating in the training.
- If you choose you can add the additional day of training on Thursday Dec 12th. Added training days include one additional night lodging, lift pass and training. Additional days cost is \$385 for training athletes, \$285 for skiing parents and \$220 for non-skiing parents. Reply to Chris S directly if you want the additional day of training.

Registration

- To register for the camp click on the following link https://go.teamsnap.com/forms/449558
- If you are not an account holder with the Team snap app you will need to create a simple account and then you can proceed with registration.
- Each person going will need to register as a participant even if you are not training or skiing.
- The registration process offers an option to pay in installments. If you register before October 15th you will pay a \$500 deposit for each person and your balance will be split between two payments on Oct 15th and Nov 15th and will be automatically charged to your card.
- If you want to pay by check to save on the credit card convenience fee the registration app includes an option for this. If you choose this option please continue clicking all the way through the registration process or the registration will not be complete.
- If you are a sibling who is 7 years old or younger and/or you are older and you want to ski and not train with coaches, please register as a skiing parent to receive lodging and lift passes.
- There are options during registration for those who do not need lodging, those who do not need Lift passes (Have Ikon). Choose the option that fits for each participant.

Optional World Cup event at Beaver Creek: <u>https://bcworldcup.com</u>

We are excited to be taking a group over to Vail Beaver Creek to watch the "Birds of Prey" World Cup Men's Super G this year. If you would like to include this as a part of your adventure you would need to fly out on Saturday Dec 7th. We will drive over Sunday morning Dec 8th, watch the race, enjoy the festivities and drive

back to Copper Sunday afternoon. If you are interested in participating in this please contact Chris Shepard directly for a special lodging discount for Saturday night. Email and phone number below.

Notes

Transportation from the airport to Copper is not included in the pricing. We recommend renting a vehicle or using one of the many shuttle companies that run from the airport to Copper. <u>https://www.summitexpress.com</u>

Airfare is not included. Flight options are multiple. Most take an early flight the day before arrival.

Breakfast, lunch and dinner options include many restaurants in the village and we also offer staff shuttles to the local grocery stores (Safeway and Whole Foods) so you can purchase food to prepare in your condo.

Contact Chris Shepard by email; <u>cshepard@wintergreenresort.com</u> or phone; 434-989-2541 for more information and with any questions you might have.